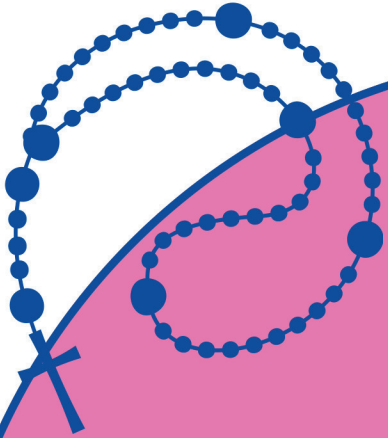


My FIAT 90



Faith

Integrity

Accountability

Truth



Planner

FIAT 90: WORKSHEET

Who will be your “**anchor**,” a person who will be your point of contact every day to check in and hold you accountable, support and pray with?

NAME: _____

PHONE: _____ **NOTES:** _____

Disciplines will look different for each person, depending on the Season of their life. FIAT highly recommends the “lifestyle” disciplines.

All other disciplines, “physical” and “spiritual,” are optional, and recommend you pray over them and discern where you can intentionally devote yourself.

Lifestyle Disciplines (Circle all that apply)

- No gossiping
- Limit TV and Movies
- Limit secular music / podcasts/media
- _____
- _____
- No phone use after 9 PM
- No social media
- No unnecessary purchases (offering up of worldly pleasures)
- _____

Physical Disciplines (Circle all that apply) - Don't forget to pray and reflect
Suggested fasting is on Fridays and one other day of the week. This will also look different for everyone. If you are pregnant, struggling with weight and/or have medical reasons, please keep a healthy diet and follow your doctor's orders.

- **Fasting** - Suggested 2 small meals / 1 large meal. Fast from sweets, alcohol, desserts, and snacks.
- Get up at 1st alarm
- Exercising/Activity: 3-5/week

FIAT 90: WORKSHEET

Spiritual Disciplines (Circle all that apply) - Don't forget to pray and reflect

- **Spiritual Adoption:** It can be for someone God has put on your heart to pray for. It can also be for an unknown/unborn soul in need of your prayers. It can also be for multiple people, such as 1 person/week (13 people) or 1 person/month (3 people)

NAME(S): _____

NOTES: _____

- Prayer / Meditation/Spiritual Reading: Praying and/or reading 15 minutes a day can be helpful. Without prayer and spiritual meditation, this program loses its purpose. Any kind of devotional, daily scripture reading, or reflection can work. Plan ahead!

- **54-Day Rosary Novena:** typically done on the first 54 days of FIAT90
- **Daily Mass**
- **Individual Prayers**
- **Confession (bi-monthly / monthly)**
- **Daily Scripture Reading**
- **Catechism In A Year**
- **Marian Consecration:** St. Louis DeMontfort Marion Consecration or 33-Day Morning Glory - Marian Consecration (typically done after the 54-Day Novena is completed)
- **Bible In A Year**
- **Daily Devotional**

NOTES: _____

TO DO LIST

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● TO START OK → DELAY STUCK CANCEL

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TO START OK DELAY STUCK CANCEL

FIAT 90

Planner

SUN	MON	TUE	WED	THU	FRI	SAT

TOP PRIORITIES

NOTES

Planner

SUN	MON	TUE	WED	THU	FRI	SAT

TOP PRIORITIES

NOTES

Planner

SUN	MON	TUE	WED	THU	FRI	SAT

TOP PRIORITIES

NOTES

Joyful Mysteries

Mondays & Saturdays: First 27 Days are in Petition



Last 27 Days are in Thanksgiving



Sign of the Cross: In the name of the Father, and of the Son, and of the Holy Spirit, Amen.

Hail Mary: Hail, Mary, full of grace, the Lord is with thee. Blessed art thou amongst women and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

First 27 days of Petition Hail, Queen of the Most Holy Rosary, my Mother Mary, hail! At thy feet I humbly kneel to offer thee a Crown of Roses, snow white buds to remind thee of thy joys, each bud recalling to thee a holy mystery, each 10 bound together with my petition for a particular grace. O Holy Queen, dispenser of God's graces, and Mother of all who invoke thee, thou canst not look upon my gift and fail to see its binding. As thou receivest my gift, so wilt thou receive my petition; from thy bounty thou wilt give me the favor I so earnestly and trustingly seek. I despair of nothing that I ask of thee. Show thyself my Mother!

First 27 days of Thanksgiving Hail, Queen of the Most Holy Rosary, my Mother Mary, hail! At thy feet I gratefully kneel to offer thee a Crown of Roses, snow white buds to remind thee of thy joys, each bud recalling to thee a holy mystery; each ten bound together with my petition for a particular grace. O Holy Queen, Dispenser of God's graces. and Mother of all who invoke thee! thou canst not look upon my gift and fail to see its binding. As thou receivest my gift, so wilt thou receive my thanksgiving; from thy bounty thou hast given me the favor I so earnestly and trustingly sought. I despaired not of what I asked of thee, and thou hast truly shown thyself my Mother.

Joyful Mysteries

Apostles' Creed: I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell; on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

Our Father: Our Father, who art in heaven, hallowed be thy name; thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

3 Hail Marys for Faith, Hope and Charity (Love)

Hail Mary: Hail, Mary, full of grace, the Lord is with thee. Blessed art thou amongst women and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

Glory Be: Glory be to the Father and to the Son and to the Holy Spirit, as it was in the beginning is now, and ever shall be world without end. Amen.

First Joyful Mystery – The Annunciation: Sweet Mother Mary, meditating on the Mystery of the Annunciation, when the Angel Gabriel appeared to thee with the tidings that thou wert to become the Mother Of God; greeting thee with that sublime salutation, "Hail, full of grace! The Lord is with thee!" and thou didst humbly submit thyself to the will of the Father, responding: "Behold the handmaid of the Lord. Be it done unto me according to Thy word," I humbly pray...

Our Father: Our Father, who art in heaven, hallowed be thy name; thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

Joyful Mysteries

10 Hail Marys

Hail Mary: Hail, Mary, full of grace, the Lord is with thee. Blessed art thou amongst women and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

Glory Be: Glory be to the Father and to the Son and to the Holy Spirit, as it was in the beginning is now, and ever shall be world without end. Amen.

Fatima Decade Prayer: O MY JESUS, forgive us our sins, save us from the fire of Hell, lead all souls to Heaven, especially those who are most in need of Thy mercy.

I bind these snow-white buds with a petition for the virtue of HUMILITY and humbly lay this bouquet at thy feet.

Second Joyful Mystery — The Visitation: Sweet Mother Mary, meditating on the Mystery of the Visitation, when, upon your visit to your holy cousin, Elizabeth, she greeted you with the prophetic utterance, “Blessed art thou among women, and blessed is the fruit of thy womb!” and you answered that canticle of canticles, The Magnificat, I humbly pray...

Our Father: Our Father, who art in heaven, hallowed be thy name; thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

10 Hail Marys

Hail Mary: Hail, Mary, full of grace, the Lord is with thee. Blessed art thou amongst women and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

Glory Be: Glory be to the Father and to the Son and to the Holy Spirit, as it was in the beginning is now, and ever shall be world without end. Amen.

Fatima Decade Prayer: O MY JESUS, forgive us our sins, save us from the fire of Hell, lead all souls to Heaven, especially those who are most in need of Thy mercy.

I bind these snow-white buds with a petition for the grace of charity towards my neighbor and humbly lay this bouquet at your feet.

Joyful Mysteries

Third Joyful Mystery — The Nativity: Sweet Mother Mary, meditating on the Mystery of the Nativity of our Lord, when, your time being completed, you brought forth, O Holy Virgin, the redeemer of the world in a stable at Bethlehem; whereupon choirs of angels filled the Heavens with their exultant song of praise “Glory to God in the highest, and on Earth peace to men of goodwill,” I humbly pray...

Our Father: Our Father, who art in heaven, hallowed be thy name; thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

10 Hail Marys

Hail Mary: Hail, Mary, full of grace, the Lord is with thee. Blessed art thou amongst women and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

Glory Be: Glory be to the Father and to the Son and to the Holy Spirit, as it was in the beginning is now, and ever shall be world without end. Amen.

Fatima Decade Prayer: O MY JESUS, forgive us our sins, save us from the fire of Hell, lead all souls to Heaven, especially those who are most in need of Thy mercy.

I bind these snow-white buds with a petition for the grace of detachment from the world and humbly lay this bouquet at your feet.

Fourth Joyful Mystery — The Presentation: Sweet Mother Mary, meditating on the Mystery of the Presentation, when, in obedience to the Law of Moses, you presented the Child in the temple, where the holy prophet Simeon, taking the Child in his arms, offered thanks to God for allowing him to look upon his Savior, I humbly pray...

Our Father: Our Father, who art in heaven, hallowed be thy name; thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

Joyful Mysteries

10 Hail Marys

Hail Mary: Hail, Mary, full of grace, the Lord is with thee. Blessed art thou amongst women and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

Glory Be: Glory be to the Father and to the Son and to the Holy Spirit, as it was in the beginning is now, and ever shall be world without end. Amen.

Fatima Decade Prayer: O MY JESUS, forgive us our sins, save us from the fire of Hell, lead all souls to Heaven, especially those who are most in need of Thy mercy.

I bind these snow-white buds with a petition for the grace of purity and humbly lay this bouquet at your feet.

Fifth Joyful Mystery — The Finding in the Temple: Sweet Mother Mary, meditating on the Mystery of the Temple, when, having sought Him for three days, distressed and anxious at His absence, your heart was gladdened when you found Him in the temple speaking to the doctors; and upon your request, He obediently returned home, I humbly pray...

Our Father: Our Father, who art in heaven, hallowed be thy name; thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

10 Hail Marys

Hail Mary: Hail, Mary, full of grace, the Lord is with thee. Blessed art thou amongst women and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

Glory Be: Glory be to the Father and to the Son and to the Holy Spirit, as it was in the beginning is now, and ever shall be world without end. Amen.

Fatima Decade Prayer: O MY JESUS, forgive us our sins, save us from the fire of Hell, lead all souls to Heaven, especially those who are most in need of Thy mercy.

I bind these snow-white buds with a petition for the grace of true wisdom and humbly lay this bouquet at your feet.

Joyful Mysteries

Hail Holy Queen (Salve Regina) Hail, Holy Queen, Mother of Mercy, hail our life, our sweetness and our hope! To thee do we cry poor banished children of Eve; to thee do we send up our sighs, mourning and weeping in this vale of tears. Turn then, O most gracious advocate, thine eyes of mercy towards us and after this our exile show unto us the blessed fruit of thy womb, Jesus; O clement, O loving, O sweet Virgin Mary. Pray for us, O Holy Mother of God. That we may be made worthy of the promises of Christ.

Let us pray: O God, whose only begotten Son, by His life, death and resurrection has purchased for us the rewards of eternal life; grant, we beseech You, that meditating on these mysteries of the most Holy Rosary of the Blessed Virgin Mary, we may both imitate what they contain and obtain what they promise, through the same Christ our Lord. Amen

May the divine assistance remain always with us. Amen.

And may the souls of the faithful departed, through the mercy of God, rest in peace. Amen.

Spiritual Communion: My Jesus, really present in the most Holy Sacrament of the altar, since I cannot now receive you under the Sacramental Veil, I beseech you, with a heart full of love and longing, to come spiritually into my soul through the immaculate heart of Your most Holy Mother, and abide with me forever; You in me, and I in You, in time and in eternity.

In days of petition: Sweet Mother Mary, I offer you this Spiritual Communion to bind my bouquets in a wreath to place upon your brow. O my Mother! Look with favor upon my gift, and in your love obtain for me (specify request).

In days of thanksgiving Sweet Mother Mary, I offer you this Spiritual Communion to bind my bouquets in a wreath to place upon your brow in thanksgiving for (specify request), which you in your love have obtained for me.

Sign of the Cross: In the name of the Father, and of the Son, and of the Holy Spirit, Amen.

Sorrowful Mysteries

Tuesdays & Thursdays: First 27 Days are in Petition



Last 27 Days are in Thanksgiving



Sign of the Cross: In the name of the Father, and of the Son, and of the Holy Spirit, Amen.

Hail Mary: Hail, Mary, full of grace, the Lord is with thee. Blessed art thou amongst women and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

First 27 days of Petition Hail, Queen of the Most Holy Rosary, my Mother Mary, hail! At thy feet I humbly kneel to offer thee a Crown of Roses, blood red roses to remind thee of the passion of thy divine Son, with Whom thou didst so fully partake of its bitterness, each rose recalling to thee a holy mystery, each 10 bound together with my petition for a particular grace. O Holy Queen, dispenser of God's graces, and Mother of all who invoke thee! Thou canst not look upon my gift and fail to see its binding. As thou receivest my gift, so wilt thou receive my petition; from thy bounty thou wilt give me the favor I so earnestly and trustingly seek. I despair of nothing that I ask of thee. Show thyself my Mother!

First 27 days of Thanksgiving Hail, Queen of the Most Holy Rosary, my Mother Mary, hail! At thy feet I gratefully kneel to offer thee a Crown of Roses blood red roses to remind thee of the passion of thy divine Son, with Whom thou didst so fully partake of its bitterness each rose recalling to thee a holy mystery; each ten bound together with my petition for a particular grace. O Holy Queen, dispenser of God's graces, and Mother of all who invoke thee! Thou canst not look upon my gift and fail to see its binding. As thou receivest my gift, so wilt thou receive my thanksgiving; from thy bounty thou hast given me the favor I so earnestly and trustingly sought. I despaired not of what I asked of thee, and thou hast truly shown thyself my Mother.

Sorrowful Mysteries

Apostles' Creed: I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell; on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

Our Father: Our Father, who art in heaven, hallowed be thy name; thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

3 Hail Marys for Faith, Hope and Charity (Love)

Hail Mary: Hail, Mary, full of grace, the Lord is with thee. Blessed art thou amongst women and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

Glory Be: Glory be to the Father and to the Son and to the Holy Spirit, as it was in the beginning is now, and ever shall be world without end. Amen.

First Sorrowful Mystery – Agony in the Garden: Sorrowful Mother Mary, meditating on the Mystery of the Agony of Our Lord in the Garden, when, in the grotto of the Garden of Olives, Jesus saw the sins of the world unfolded before Him by Satan, who sought to dissuade Him from any sacrifice He was about to make; when, His would soul shrinking from the sight of, and His precious blood flowing from every pore at the vision of the torture and death He was about to undergo, your own sufferings, dear Mother, the future sufferings of the church, and His own sufferings in the Blessed Sacrament, He cried in anguish, “Abba! Father! If it be possible, let this chalice pass from Me,” but immediately resigning Himself to His Father’s will, He prayed, “Not as I will, but as Thou wilt,” I humbly pray...

Sorrowful Mysteries

Our Father: Our Father, who art in heaven, hallowed be thy name; thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

10 Hail Marys

Hail Mary: Hail, Mary, full of grace, the Lord is with thee. Blessed art thou amongst women and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

Glory Be: Glory be to the Father and to the Son and to the Holy Spirit, as it was in the beginning is now, and ever shall be world without end. Amen.

Fatima Decade Prayer: O MY JESUS, forgive us our sins, save us from the fire of Hell, lead all souls to Heaven, especially those who are most in need of Thy mercy.

I bind these blood-red roses with a petition for the grace of uniformity with the will of God and humbly lay this bouquet at thy feet.

Second Sorrowful Mystery – The Scourging at the Pillar: Sorrowful Mother Mary, meditating on the Mystery of the Scourging of Our Lord when, at Pilate's command, your divine Son, stripped of His garments and bound to a pillar, was lacerated from head to foot with cruel scourges and His flesh torn away until His mortified body could bear it no more, I humbly pray...

Our Father: Our Father, who art in heaven, hallowed be thy name; thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

10 Hail Marys

Hail Mary: Hail, Mary, full of grace, the Lord is with thee. Blessed art thou amongst women and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

Glory Be: Glory be to the Father and to the Son and to the Holy Spirit, as it was in the beginning is now, and ever shall be world without end. Amen.

Fatima Decade Prayer: O MY JESUS, forgive us our sins, save us from the fire of Hell, lead all souls to Heaven, especially those who are most in need of Thy mercy.

Sorrowful Mysteries

I bind these blood-red roses with a petition for the grace of mortifying my senses I humbly lay this bouquet at thy feet.

Third Sorrowful Mystery – The Crowning With Thorns: Sorrowful Mother Mary, meditating on the Mystery of the Crowning of Our Lord with thorns, when, the soldiers, binding about His head a crown of sharp thorns, showered blows upon it, driving the thorns deeply into His Head; then in mock adoration, knelt before Him, crying, “Hail, King of the Jews!” I humbly pray...

Our Father: Our Father, who art in heaven, hallowed be thy name; thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

10 Hail Marys

Hail Mary: Hail, Mary, full of grace, the Lord is with thee. Blessed art thou amongst women and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

Glory Be: Glory be to the Father and to the Son and to the Holy Spirit, as it was in the beginning is now, and ever shall be world without end. Amen.

Fatima Decade Prayer: O MY JESUS, forgive us our sins, save us from the fire of Hell, lead all souls to Heaven, especially those who are most in need of Thy mercy.

I bind these blood-red roses with a petition for the grace of courage in tough trials and humbly lay this bouquet at thy feet.

Fourth Sorrowful Mystery – The Carrying of the Cross: Sorrowful Mother Mary, meditating on the Mystery of the Carrying of the Cross, when, with the heavy wood of the Cross upon His shoulders, your divine Son was dragged, weak and suffering, yet patient, through the streets, amidst the revilements of the people, to Calvary; falling often, but urged along by the cruel blows of His executioners, I humbly pray...

Our Father: Our Father, who art in heaven, hallowed be thy name; thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

Sorrowful Mysteries

10 Hail Marys

Hail Mary: Hail, Mary, full of grace, the Lord is with thee. Blessed art thou amongst women and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

Glory Be: Glory be to the Father and to the Son and to the Holy Spirit, as it was in the beginning is now, and ever shall be world without end. Amen.

Fatima Decade Prayer: O MY JESUS, forgive us our sins, save us from the fire of Hell, lead all souls to Heaven, especially those who are most in need of Thy mercy.

I bind these blood-red roses with a petition for the grace of patience in adversity and I humbly lay this bouquet at thy feet.

Fifth Sorrowful Mystery – The Crucifixion: Sorrowful Mother Mary, meditating on the Mystery of the Crucifixion, when, your divine Son was nailed to the cross, upon which He died after three hours of indescribable agony, during which time He begged His Father forgiveness for His enemies, I humbly pray...

Our Father: Our Father, who art in heaven, hallowed be thy name; thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

10 Hail Marys

Hail Mary: Hail, Mary, full of grace, the Lord is with thee. Blessed art thou amongst women and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

Glory Be: Glory be to the Father and to the Son and to the Holy Spirit, as it was in the beginning is now, and ever shall be world without end. Amen.

Fatima Decade Prayer: O MY JESUS, forgive us our sins, save us from the fire of Hell, lead all souls to Heaven, especially those who are most in need of Thy mercy.

I bind these blood-red roses with a petition for the grace of forgiveness and humbly lay this bouquet at thy feet.

Sorrowful Mysteries

Hail Holy Queen (Salve Regina) Hail, Holy Queen, Mother of Mercy, hail our life, our sweetness and our hope! To thee do we cry poor banished children of Eve; to thee do we send up our sighs, mourning and weeping in this vale of tears. Turn then, O most gracious advocate, thine eyes of mercy towards us and after this our exile show unto us the blessed fruit of thy womb, Jesus; O clement, O loving, O sweet Virgin Mary. Pray for us, O Holy Mother of God. That we may be made worthy of the promises of Christ.

Let us pray: O God, whose only begotten Son, by His life, death and resurrection has purchased for us the rewards of eternal life; grant, we beseech You, that meditating on these mysteries of the most Holy Rosary of the Blessed Virgin Mary, we may both imitate what they contain and obtain what they promise, through the same Christ our Lord. Amen

May the divine assistance remain always with us. Amen.

And may the souls of the faithful departed, through the mercy of God, rest in peace. Amen.

Spiritual Communion: My Jesus, really present in the most Holy Sacrament of the altar, since I cannot now receive you under the Sacramental Veil, I beseech you, with a heart full of love and longing, to come spiritually into my soul through the immaculate heart of Your most Holy Mother, and abide with me forever; You in me, and I in You, in time and in eternity.

In days of petition (first 27 days): Sweet Mother Mary, I offer you this Spiritual Communion to bind my bouquets in a wreath to place upon your brow. O my Mother! Look with favor upon my gift, and in your love obtain for me (specify request).

In days of thanksgiving (first 27 days): Sweet Mother Mary, I offer you this Spiritual Communion to bind my bouquets in a wreath to place upon your brow in thanksgiving for (specify request), which you in your love have obtained for me.

Sign of the Cross: In the name of the Father, and of the Son, and of the Holy Spirit, Amen.

glorious Mysteries

Sundays & Wednesdays: First 27 Days are in Petition



Last 27 Days are in Thanksgiving



Sign of the Cross: In the name of the Father, and of the Son, and of the Holy Spirit, Amen.

Hail Mary: Hail, Mary, full of grace, the Lord is with thee. Blessed art thou amongst women and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

First 27 days of Petition Hail, Queen of the Most Holy Rosary, my Mother Mary, hail! At thy feet I humbly kneel to offer thee a Crown of Roses, full-blown white roses, tinged with the red of the passion, to remind thee of thy glories, fruits of the sufferings of thy Son and thee, each rose recalling to thee a holy mystery, each 10 bound together with my petition for a particular grace. O Holy Queen, dispenser of God's graces, and Mother of all who invoke thee! Thou canst not look upon my gift and fail to see its binding. As thou receivest my gift, so wilt thou receive my petition; from thy bounty thou wilt give me the favor I so earnestly and trustingly seek. I despair of nothing that I ask of thee. Show thyself my Mother!

First 27 days of Thanksgiving Hail, Queen of the Most Holy Rosary, my Mother Mary, hail! At thy feet I gratefully kneel to offer thee a Crown of Roses full blown white roses, tinged with the red of the passion, to remind thee of thy glories, fruits of the sufferings of thy Son and thee each rose recalling to thee a holy mystery; each ten bound together with my petition for a particular grace. O Holy Queen, dispenser of Gods graces, and Mother of all who invoke thee! thou canst not look upon my gift and fail to see its binding. As thou receivest my gift, so wilt thou receive my thanksgiving; from thy bounty thou hast given me the favor I so earnestly and trustingly sought. I despaired not of what I asked of thee, and thou hast truly shown thyself my Mother.

glorious Mysteries

Apostles' Creed: I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell; on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

Our Father: Our Father, who art in heaven, hallowed be thy name; thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

3 Hail Marys for Faith, Hope and Charity (Love)

Hail Mary: Hail, Mary, full of grace, the Lord is with thee. Blessed art thou amongst women and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

Glory Be: Glory be to the Father and to the Son and to the Holy Spirit, as it was in the beginning is now, and ever shall be world without end. Amen.

First Glorious Mystery – The Resurrection: Glorious Mother Mary, meditating on the Mystery of the Resurrection of Our Lord from the dead, when, on the morning of the third day after His death and burial, He arose from the dead and appeared to you, dear Mother, and filled your heart with unspeakable joy; then appeared to the holy woman and to His disciples, who adored Him as their risen God, I humbly pray...

Our Father: Our Father, who art in heaven, hallowed be thy name; thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

glorious Mysteries

10 Hail Marys

Hail Mary: Hail, Mary, full of grace, the Lord is with thee. Blessed art thou amongst women and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

Glory Be: Glory be to the Father and to the Son and to the Holy Spirit, as it was in the beginning is now, and ever shall be world without end. Amen.

Fatima Decade Prayer: O MY JESUS, forgive us our sins, save us from the fire of Hell, lead all souls to Heaven, especially those who are most in need of Thy mercy.

I bind these full-blown roses with a petition for the virtue of faith and humbly lay this bouquet at thy feet.

Second Glorious Mystery – The Ascension: Glorious Mother Mary, meditating on the Mystery of the Ascension, when, your divine Son, after forty days on Earth, went to Mount Olivet accompanied by His disciples, where they adored Him for the last time, after which He promised to remain with them until the end of the world; then extending His pierced hands over them in a last blessing, He ascended into heaven, I humbly pray...

Our Father: Our Father, who art in heaven, hallowed be thy name; thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

10 Hail Marys

Hail Mary: Hail, Mary, full of grace, the Lord is with thee. Blessed art thou amongst women and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

Glory Be: Glory be to the Father and to the Son and to the Holy Spirit, as it was in the beginning is now, and ever shall be world without end. Amen.

Fatima Decade Prayer: O MY JESUS, forgive us our sins, save us from the fire of Hell, lead all souls to Heaven, especially those who are most in need of Thy mercy.

I bind these full-blown roses with a petition for the virtue of hope and humbly lay this bouquet at thy feet.

glorious Mysteries

Third Glorious Mystery – The Descent of the Holy Spirit: of the Holy Spirit:

Glorious Mother Mary, meditating on the Mystery of the Descent of the Holy Spirit, when, the Apostles being assembled in a house in Jerusalem, the Holy Spirit descended upon them in the form of the fiery tongues, inflaming the hearts of the Apostles with the fire of the divine love, teaching them all truths and giving them the gift of tongues, I humbly pray...

Our Father: Our Father, who art in heaven, hallowed be thy name; thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

10 Hail Marys

Hail Mary: Hail, Mary, full of grace, the Lord is with thee. Blessed art thou amongst women and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

Glory Be: Glory be to the Father and to the Son and to the Holy Spirit, as it was in the beginning is now, and ever shall be world without end. Amen.

Fatima Decade Prayer: O MY JESUS, forgive us our sins, save us from the fire of Hell, lead all souls to Heaven, especially those who are most in need of Thy mercy.

I bind these full-blown roses with a petition for the virtue of charity and humbly lay this bouquet at thy feet.

Fourth Glorious Mystery – The Assumption of our Blessed Mother Into

Heaven: Glorious Mother Mary, meditating on the Mystery of the Assumption into Heaven, when, consumed with the desire to be united with your divine Son, your soul departed from your body and united itself to Him, Who, out of the excessive love He bore for you, His Mother, whose virginal body was His first tabernacle, took that body into Heaven and there, amidst the acclaim of the angels and the saints, fused into it your soul, I humbly pray...

Our Father: Our Father, who art in heaven, hallowed be thy name; thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

glorious Mysteries

10 Hail Marys

Hail Mary: Hail, Mary, full of grace, the Lord is with thee. Blessed art thou amongst women and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

Glory Be: Glory be to the Father and to the Son and to the Holy Spirit, as it was in the beginning is now, and ever shall be world without end. Amen.

Fatima Decade Prayer: O MY JESUS, forgive us our sins, save us from the fire of Hell, lead all souls to Heaven, especially those who are most in need of Thy mercy.

I bind these full-blown roses with a petition for the virtue of union with Christ and humbly lay this bouquet at thy feet.

Fifth Glorious Mystery – The Coronation of Our Blessed Mother Mary:

Glorious Mother Mary, meditating on the Mystery of your Coronation in Heaven, when, upon being taken up, you were triply crowned as the August Queen of Heaven by God the Father as His beloved daughter, by God the Son as his dearest mother, and by God the Holy Spirit as His chosen spouse; the most perfect adorer of the Blessed Trinity, pleading our cause as our most powerful and merciful mother, through you, I humbly pray...

Our Father: Our Father, who art in heaven, hallowed be thy name; thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

10 Hail Marys

Hail Mary: Hail, Mary, full of grace, the Lord is with thee. Blessed art thou amongst women and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

Glory Be: Glory be to the Father and to the Son and to the Holy Spirit, as it was in the beginning is now, and ever shall be world without end. Amen.

Fatima Decade Prayer: O MY JESUS, forgive us our sins, save us from the fire of Hell, lead all souls to Heaven, especially those who are most in need of Thy mercy.

I bind these full-blown roses with a petition for the virtue of union with thee and humbly lay this bouquet at thy feet.

Glorious Mysteries

Hail Holy Queen (Salve Regina) Hail, Holy Queen, Mother of Mercy, hail our life, our sweetness and our hope! To thee do we cry poor banished children of Eve; to thee do we send up our sighs, mourning and weeping in this vale of tears. Turn then, O most gracious advocate, thine eyes of mercy towards us and after this our exile show unto us the blessed fruit of thy womb, Jesus; O clement, O loving, O sweet Virgin Mary. Pray for us, O Holy Mother of God. That we may be made worthy of the promises of Christ.

Let us pray: O God, whose only begotten Son, by His life, death and resurrection has purchased for us the rewards of eternal life; grant, we beseech You, that meditating on these mysteries of the most Holy Rosary of the Blessed Virgin Mary, we may both imitate what they contain and obtain what they promise, through the same Christ our Lord. Amen

May the divine assistance remain always with us. Amen.

And may the souls of the faithful departed, through the mercy of God, rest in peace. Amen.

Spiritual Communion: My Jesus, really present in the most Holy Sacrament of the altar, since I cannot now receive you under the Sacramental Veil, I beseech you, with a heart full of love and longing, to come spiritually into my soul through the immaculate heart of Your most Holy Mother, and abide with me forever; You in me, and I in You, in time and in eternity.

In days of petition (first 27 days): Sweet Mother Mary, I offer you this Spiritual Communion to bind my bouquets in a wreath to place upon your brow. O my Mother! Look with favor upon my gift, and in your love obtain for me (specify request).

In days of thanksgiving (first 27 days): Sweet Mother Mary, I offer you this Spiritual Communion to bind my bouquets in a wreath to place upon your brow in thanksgiving for (specify request), which you in your love have obtained for me.

Sign of the Cross: In the name of the Father, and of the Son, and of the Holy Spirit, Amen.

Luminous Mysteries

Thursdays: First 27 Days are in Petition



Last 27 Days are in Thanksgiving



Sign of the Cross: In the name of the Father, and of the Son, and of the Holy Spirit, Amen.

Hail Mary: Hail, Mary, full of grace, the Lord is with thee. Blessed art thou amongst women and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

First 27 days of Petition Hail, Queen of the Most Holy Rosary, my Mother Mary, hail! At thy feet I humbly kneel to offer thee a Crown of Roses, full-blown white roses, tinged with the red of the passion, to remind thee of thy glories, fruits of the sufferings of thy Son and thee, each rose recalling to thee a holy mystery, each 10 bound together with my petition for a particular grace. O Holy Queen, dispenser of God's graces, and Mother of all who invoke your holy name! Thou canst not look upon my gift and fail to see its binding. As thou receivest my gift, so wilt thou receive my petition; from thy bounty thou wilt give me the favor I so earnestly and trustingly seek. I despair of nothing that I ask of thee. Show thyself my Mother!

First 27 days of Thanksgiving Hail, Queen of the Most Holy Rosary, my Mother Mary, hail! At thy feet I gratefully kneel to offer thee a Crown of Roses full blown white roses, tinged with the red of the passion, to remind thee of thy glories, fruits of the sufferings of thy Son and thee each rose recalling to thee a holy mystery; each ten bound together with my petition for a particular grace. O Holy Queen, dispenser of Gods graces, and Mother of all who invoke thee! thou canst not look upon my gift and fail to see its binding. As thou receivest my gift, so wilt thou receive my thanksgiving; from thy bounty thou hast given me the favor I so earnestly and trustingly sought. I despaired not of what I asked of thee, and thou hast truly shown thyself my Mother.

Luminous Mysteries

Apostles' Creed: I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell; on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

Our Father: Our Father, who art in heaven, hallowed be thy name; thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

3 Hail Marys for Faith, Hope and Charity (Love)

Hail Mary: Hail, Mary, full of grace, the Lord is with thee. Blessed art thou amongst women and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

Glory Be: Glory be to the Father and to the Son and to the Holy Spirit, as it was in the beginning is now, and ever shall be world without end. Amen.

First Luminous Mystery – The Baptism of Jesus in the Jordan River

Courageous Mother Mary meditating on the Mystery of the Baptism of Jesus in the Jordan River, when your Son, as an example to all, insisted on being baptized by His cousin Jon and the sky opened and the Holy Spirit came down to Him like a dove and a voice from Heaven said, "You are my own dear Son in whom I am well pleased," I humbly pray...

Our Father: Our Father, who art in heaven, hallowed be thy name; thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

Luminous Mysteries

10 Hail Marys

Hail Mary: Hail, Mary, full of grace, the Lord is with thee. Blessed art thou amongst women and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

Glory Be: Glory be to the Father and to the Son and to the Holy Spirit, as it was in the beginning is now, and ever shall be world without end. Amen.

Fatima Decade Prayer: O MY JESUS, forgive us our sins, save us from the fire of Hell, lead all souls to Heaven, especially those who are most in need of Thy mercy.

I bind these bright-yellow roses with a petition for the grace of openness to the Holy Spirit and humbly lay this bouquet at thy feet.

Second Luminous Mystery – The Wedding at Cana: Courageous Mother Mary, meditating on the Mystery of the First Miracle of Jesus at the Wedding Feast at Cana, when at your urging, your Son performed the first of His many miracles by helping a couple celebrate their marriage, by changing the water into wine of such quality that the chief steward upbraided the host by saying, “Usually people serve the best wine first and save the cheaper wine for last, but you have saved the choice wine for last,” I humbly pray...

Our Father: Our Father, who art in heaven, hallowed be thy name; thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

10 Hail Marys

Hail Mary: Hail, Mary, full of grace, the Lord is with thee. Blessed art thou amongst women and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

Glory Be: Glory be to the Father and to the Son and to the Holy Spirit, as it was in the beginning is now, and ever shall be world without end. Amen.

Fatima Decade Prayer: O MY JESUS, forgive us our sins, save us from the fire of Hell, lead all souls to Heaven, especially those who are most in need of Thy mercy.

I bind these bright yellow roses with a petition for the grace of manifestation through faith and humbly lay this bouquet at thy feet.

Luminous Mysteries

Third Luminous Mystery – The Descent of the Holy Spirit: of the Holy Spirit:

Courageous Mother Mary, meditating on the Mystery of the Proclamation of the Kingdom of God, when your Son, revealed that the reign of God has already begun “within us” and we are called to conversion and forgiveness, praying “Your Kingdom come, Your will be done on Earth as it is in Heaven, I humbly pray...

Our Father: Our Father, who art in heaven, hallowed be thy name; thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

10 Hail Marys

Hail Mary: Hail, Mary, full of grace, the Lord is with thee. Blessed art thou amongst women and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

Glory Be: Glory be to the Father and to the Son and to the Holy Spirit, as it was in the beginning is now, and ever shall be world without end. Amen.

Fatima Decade Prayer: O MY JESUS, forgive us our sins, save us from the fire of Hell, lead all souls to Heaven, especially those who are most in need of Thy mercy.

I bind these bright-yellow roses with a petition for the grace of trust in God and humbly lay this bouquet at thy feet.

Fourth Luminous Mystery – The Transfiguration: Courageous Mother Mary, meditating on the Mystery of the Transfiguration, when your Son is revealed His glory to His three disciples, appearing on the mountain with Moses and Elijah, His face shining like the sun and a voice from heaven proclaiming, “This is my beloved Son...listen to him.” I humbly pray...

Our Father: Our Father, who art in heaven, hallowed be thy name; thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

10 Hail Marys

Hail Mary: Hail, Mary, full of grace, the Lord is with thee. Blessed art thou amongst women and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

Luminous Mysteries

Glory Be: Glory be to the Father and to the Son and to the Holy Spirit, as it was in the beginning is now, and ever shall be world without end. Amen.

Fatima Decade Prayer: O MY JESUS, forgive us our sins, save us from the fire of Hell, lead all souls to Heaven, especially those who are most in need of Thy mercy.

I bind these bright-yellow roses with a petition for the grace of desire for holiness and humbly lay this bouquet at thy feet.

Fourth Luminous Mystery – Institution of the Eucharist: Courageous Mother Mary, meditating on the Mystery of the Sacrament of the Institution of the Sacrament of the Eucharist, when on the day before He died, your Son celebrated the Passover with His disciples and took bread and gave it to the saying, “Take and eat; this is my body” and when dinner was finished He took a cup of wine and shared it with them saying, “Take and drink; this is My blood which will be given up for you; do this in memory you me,” I humbly pray...

Our Father: Our Father, who art in heaven, hallowed be thy name; thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

10 Hail Marys

Hail Mary: Hail, Mary, full of grace, the Lord is with thee. Blessed art thou amongst women and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

Glory Be: Glory be to the Father and to the Son and to the Holy Spirit, as it was in the beginning is now, and ever shall be world without end. Amen.

Fatima Decade Prayer: O MY JESUS, forgive us our sins, save us from the fire of Hell, lead all souls to Heaven, especially those who are most in need of Thy mercy.

I bind these bright-yellow roses with a petition for the grace of adoration of the Eucharist and humbly lay this bouquet at thy feet.

Luminous Mysteries

Hail Holy Queen (Salve Regina) Hail, Holy Queen, Mother of Mercy, hail our life, our sweetness and our hope! To thee do we cry poor banished children of Eve; to thee do we send up our sighs, mourning and weeping in this vale of tears. Turn then, O most gracious advocate, thine eyes of mercy towards us and after this our exile show unto us the blessed fruit of thy womb, Jesus; O clement, O loving, O sweet Virgin Mary. Pray for us, O Holy Mother of God. That we may be made worthy of the promises of Christ.

Let us pray: O God, whose only begotten Son, by His life, death and resurrection has purchased for us the rewards of eternal life; grant, we beseech You, that meditating on these mysteries of the most Holy Rosary of the Blessed Virgin Mary, we may both imitate what they contain and obtain what they promise, through the same Christ our Lord. Amen

May the divine assistance remain always with us. Amen.

And may the souls of the faithful departed, through the mercy of God, rest in peace. Amen.

Spiritual Communion: My Jesus, really present in the most Holy Sacrament of the altar, since I cannot now receive you under the Sacramental Veil, I beseech you, with a heart full of love and longing, to come spiritually into my soul through the immaculate heart of Your most Holy Mother, and abide with me forever; You in me, and I in You, in time and in eternity.

In days of petition (first 27 days): Sweet Mother Mary, I offer you this Spiritual Communion to bind my bouquets in a wreath to place upon your brow. O my Mother! Look with favor upon my gift, and in your love obtain for me (specify request).

In days of thanksgiving (first 27 days): Sweet Mother Mary, I offer you this Spiritual Communion to bind my bouquets in a wreath to place upon your brow in thanksgiving for (specify request), which you in your love have obtained for me.

Sign of the Cross: In the name of the Father, and of the Son, and of the Holy Spirit, Amen.

Marian Consecration

February 24-March 29

What is Marian Consecration: To properly understand the essence of total consecration to Jesus through Mary, we'll first need to reflect on an important point: Jesus wants to include all of us in his work of salvation. In other words, he doesn't just redeem us and then expect us to kick back and relax. On the contrary, he puts us to work...

We all know that God uniquely blessed Mary by choosing her to conceive, bear, and nurture Jesus Christ, our Savior. But do we also realize that her blessed work didn't end once Jesus left home and began his public ministry...

...when [Jesus] looked down from the Cross and said to Mary as she stood with the Apostle John, "Woman, behold, your son" and to John, "Behold, your mother" (Jn 19:26-27). At that moment, Jesus gave us one of his greatest gifts: his mother as our mother. Of course, Mary isn't our natural mother. She's our spiritual mother.

Mary's task is to give spiritual birth to Christians, to feed and nurture them with grace, and to help them grow to full stature in Christ. In short, Mary's job is to help us grow in holiness. It's her mission to form us into saints.

Marian consecration basically means giving Mary our full permission (or as much permission as we can) to complete her motherly task in us, which is to form us into other Christs. Thus, by consecrating ourselves to Mary, each of us is saying to her:

Mary, I want to be a saint. I know that you also want me to be a saint and that it's your God-given mission to form me into one. So, Mary, at this moment, on this day, I freely choose to give you my full permission to do your work in me, with your Spouse, the Holy Spirit.

Read more about Marian consecration and what it means on pages 17-29 in the 33 Days to Morning Glory by Michael E. Gaitley.



Marian Consecration

February 24-March 29

- **Before Starting the Marian Consecration,**
Read the Consecration Intro on the 33 Days
to Morning Glory by Michael Gaitley
- **Just say Yes!** Follow the 33 Day Retreat

Before Consecration Day (suggestions)

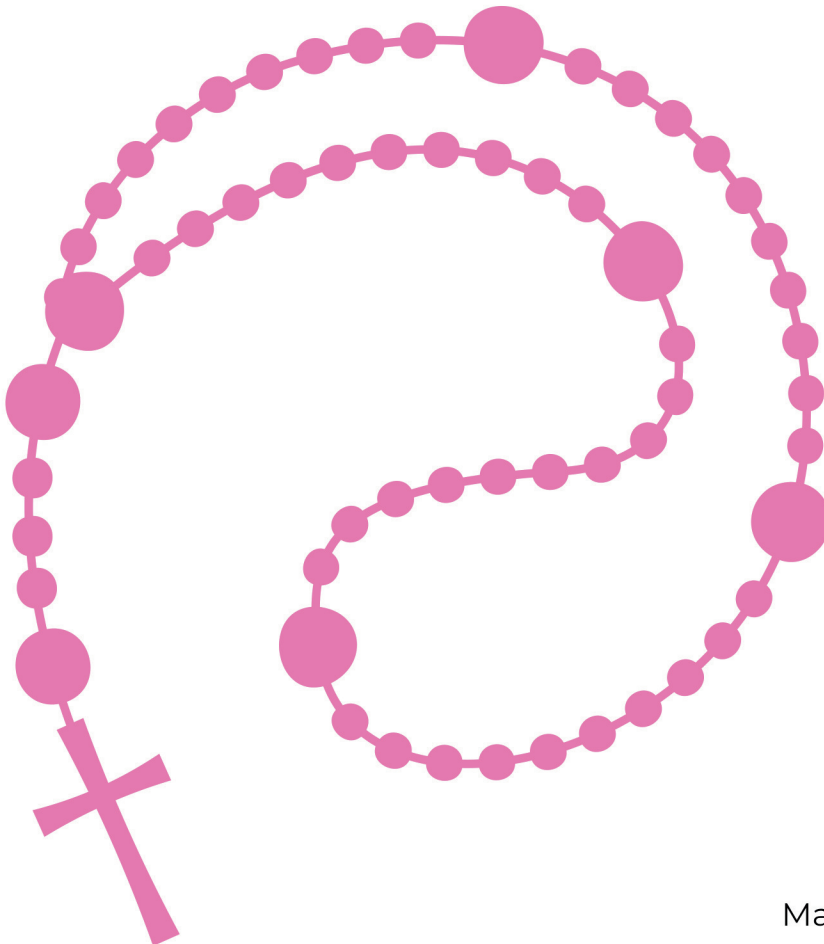
- Confession
- Print up the prayer of consecration, and
sign it after reciting it.
- Get a miraculous medal as a sign of your
consecration. Wear it or keep it in your
wallet



Scan to Read 33 Days
to Morning Glory

Rosary

Need a Rosary? Use the image below or scan the QR code.



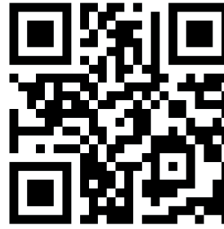
Marian Consecration & Rosary

Resources

Bible – United States Conference of Catholic Bishops (USCCB)



FIAT 90 – Official Booklet, Resources and Booklet



33 Days to Morning Glory – Marian Consecration Book



Bible in a Year and Catechism in a Year – Daily Reading Plan, reflections and more



NOTES: _____

